

## CFC NEWSLETTER

Fall 2026



Our mission is to provide free quality health care and pharmaceuticals with compassion and dignity to uninsured individuals between the ages of 12 and 64.

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Medical Director - Consulting Physician

Stephen Ansel, PharmD, MBA  
Pharmacist-in-Chief

Sandy Smith, RN, MSN  
CFC Executive Director

## A Prescription for Community Care - from Dr. Stephen Ansel, PharmD, MBA

For Dr. Stephen Ansel, pharmacy is more than a profession - it is a family tradition and a way to serve the community.

Both Stephen's grandfathers were pharmacists, including one who owned an independent pharmacy in Middle Georgia. Spending summers in that small-town pharmacy offered an early look at the meaningful role a pharmacist can play.

"He wasn't just a pharmacist in the community," Stephen recalls. "He was also a community leader, and people really relied on him." That example helped shape his career path. After attending the University of Georgia and working in Athens, he and his wife Macie moved to Clemson to join the Hubbard Young Pharmacy.



Today, Stephen volunteers at the Clemson Free Clinic, where the pharmacy experience is different from a typical community pharmacy setting. In a traditional pharmacy, much work is involved in insurance issues, prior authorizations, prescription rejections, and helping patients navigate the cost of medications. At the Free Clinic, medications are provided at no cost, allowing more time to focus directly on patient care. That time and personal attention are especially important when helping patients understand their medications and the importance of taking them as prescribed. The Free Clinic's approach also extends beyond dispensing medications. Patients can receive medical care, dietary guidance, and fresh produce—resources that work together to support long-term health.

"For someone managing diabetes or high cholesterol, medication is only one part of the solution," Ansel says. "Lifestyle changes and nutrition are important, too, and those things do not always receive as much emphasis as they should."

For Stephen, the clinic's holistic approach is one of its most distinctive strengths. It benefits patients while also providing students and future healthcare professionals with valuable opportunities to observe and participate in patient-centered care. Ansel describes the Clemson Free Clinic as a welcoming community of medical professionals, students, volunteers, and supporters who are dedicated to improving health throughout the Clemson area.

*"It's a really good way to get involved," Stephen says, "you don't have to make a huge time commitment, but your impact is big."*

The Clemson Free Clinic is grateful for the expertise, compassion, and time that Stephen contributes each week. Our volunteers help make it possible for the clinic to provide accessible, comprehensive care to neighbors in need.



### JOIN THE TRIO

Interested healthcare professionals and community members are encouraged to learn more about volunteering and/or participating in our annual event at Holy Trinity Episcopal Church



Scan the code for details

**2026 TRIO Event – Tuesday, November 17<sup>th</sup> 6-9pm**

# Contact Us

Clemson Free Clinic  
1200 Tiger Blvd  
Clemson, SC 29633  
(864) 654-8277

Business Address  
P.O. Box 941  
Clemson, SC 29633  
<https://www.clemsonfreeclinic.org/>

Operating Hours  
Patient Eligibility Screening  
Mondays 1:30 - 3:30 pm

Clinic Hours  
Wednesdays 5:00 – 8:00 pm

Serving Clemson, Pendleton,  
Six Mile & Central

Certified by the SC Free Clinic  
Association Newsletter

Editor  
Tenneil Hutchings

## Director's Corner

A big welcome to Healing Bridges, a Counseling and Psychological Services organization, that shares office space with us at the Clemson Free Clinic effective July 2026. Healing Bridges is a non-profit 501(c)(3) organization that provides individual, couples, family and telehealth counseling services. At Healing Bridges, they believe quality, holistic mental health care should be available to everyone. The Free Clinic and Clemson Community Care have asked Healing Bridges to join our TRIO 26 Fundraiser to become a permanent member of TRIO. All three organizations share some of the same clients and our working together is a cornerstone strength for the community. Join us for TRIO 26, a community fundraiser, on Tuesday, November 17th at Holy Trinity Episcopal Church at 6PM. Tickets are \$60 per person and available online, at Hubbard Young Pharmacy and with the attached order form below.

We appreciate our community partnership for all the work they do for patients and clients. It serves as a reminder of the impactful work we do together and helps our community partnership grow. We look forward to continuing to strengthen our relationship and working alongside these fine partners for years to come.



## Welcome Healing Bridges!

Mental health care is essential to overall well-being, but cost and limited access can prevent people from seeking help. Through Healing Bridges, Clemson Free Clinic connects eligible patients with professional counseling in a safe, supportive environment. Committed to making quality mental health care accessible to the greater Clemson community, services include individual, family, couples, and telehealth counseling. Because mental health affects physical health, relationships, work, education, and daily life, Healing Bridges supports the whole person and in turn, the whole community. Integrating counseling with healthcare helps make mental health services more accessible and less intimidating. Each referral offers more than an appointment—it provides an opportunity for healing, connection, and renewed hope. Learn more online: <https://www.healingbridgescounselingcenter.org/>



## Clemson Free Clinic's "TRIO" Ticket/Donation Intention Form

Please specify and include TRIO ticket purchases in your check.  
Make checks payable to 'Clemson Free Clinic'.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Mail to: Clemson Free Clinic  
P.O. Box 941  
Clemson, SC 29633



HOPE • HEALTH • COMMUNITY

**TRIO - Tuesday, November 17, 2026 @ 6:00 pm**  
Holy Trinity Episcopal Church, Clemson  
Pre-paid Tickets available at door.

## DONATION SUMMARY

Donation for CFC Operations = \$ \_\_\_\_\_

TRIO Tickets (\$60/pp): \_\_\_\_\_ x \$ \_\_\_\_\_ = \$ \_\_\_\_\_

**Total Donation = \$ \_\_\_\_\_**