# Spring 2023

**CFC Newsletter** 

Volume 3, Issue 1

Our mission is to provide free quality health care and pharmaceuticals with compassion and dignity to individuals between the ages of 12 and 64.

2023 CFC Officers & Board of Directors

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# Thank you, Clemson Community!!!

Community support is vital to the Clemson Free Clinic. Without the support of local businesses, community groups, churches and individuals, we would not be able to continue our mission. We have a strong core of supporters and volunteers who do more than donate money. They donate time, supplies and unwavering support when most needed.

CFC holds two fundraisers each year. TRIO (our largest) is in the fall in partnership with Clemson Community Care. Lots of work goes on behind the scenes to make this a festive and fun event. Local merchants offer gift certificates for dining out and goods. Raffle prizes include golf outings at nearby country clubs, spa packages, lake tours, and baseball tickets for the Greenville Swamp Rabbits. Our raffle committee solicits merchants in Anderson, Clemson, Six Mile and Seneca. This past year we had more than a hundred raffle items on offer and the amount raised was well utilized by both CFC and Clemson Community Care.

Our second event is Dine with the Docs coming up next month on April 21. This sit down dinner allows diners to meet CFC doctors, staff, and volunteers, and to hear about our care and concern for our patients. We hope you will attend. A ticket form is located on the back page of this newsletter. Please come and bring a friend or two who may not know about us. Entertainment is the return of Kay Bayne, a Patsy Cline Vocalist! We hope to see you there.

## In Memory of....

Our long-time Produce Rx director, Dr. Beth Kunkel passed away last December after a long illness. She founded this program and worked tirelessly to ensure its success and continuity. Thanks to her, our patients have access to healthy produce and recipes to mitigate their chronic conditions. Beth volunteered countless hours to CFC and is greatly missed by patients and staff.

#### Introducing...

The new Produce Rx director is Julie Columbus, a graduate student in Nutrition and Dietetics at Clemson University. Originally from Pittsburgh, PA, she followed her family to the area after her brother's graduation from Clemson.

Julie brings creative energy to our program with her whole food, plantbased philosophy. She searches out fresh, locally sourced produce for our clients. And she ensures that each person knows what items are and how to prepare each in the most nutritious way.

Her goals are to expand the program by recruiting more Produce Rx clients as well as adding additional local suppliers for variety and healthy eating. Long-term she would like to make on-line tutorials available to her clientele to teach them how to prepare their produce in the healthiest way possible.

## Welcome, Julie!!!!

# **Contact Us**

Clemson Free Clinic 1200 Tiger Blvd Clemson, SC 29633 (864) 654-8277

Business Address P. O. Box 941 Clemson, SC 29633

Operating Hours Patient Eligibility Screening Mondays 1:30 - 3:30 pm

Clinic Hours Wednesdays 5:00 – 8:00 pm

Serving Clemson, Pendleton, Six Mile & Central

Certified by the SC Free Clinic Association

Newsletter Editor Lib Crockett

## **Student Profile**

CFC is fortunate to have compassionate Clemson students who spend their free time volunteering. However, they graduate and move forward with their careers, we say farewell.

Louise Averitt, a native of Greenville, SC who has been a mainstay since 2020 leaves for medical



school this fall. She graduates with degrees in Biochemistry and Modern Languages. Working at CFC has increased her confidence and secured her interest in medicine. Medicine combines her love of both science and service. Louise is very attuned to the needs of the community and is considering pediatrics and primary care. At present she is trying to decide between two of her three options...MUSC or USC-Greenville. Wherever she goes she will excel. We will miss her calm demeanor and wish her only the best.

Join Us for Dine with the Docs...

a fun-filled and festive evening for the whole community with the doctors, staff and volunteers of the Clemson Free Clinic.

Entertainment is provided by a return visit of Kay Bayne a well-known Patsy Cline vocalist.

Sponsored by Clemson Downs

Catered by Palmetto's Catering and Event Center.



Tickets available for purchase at Hubbard Young Pharmacy.

Clemson Free Clinic's "Dine with the Docs" Ticket/Donation Intention Form Please specify and include DWD ticket purchases in your check.

Make checks payable to Clemson Free Clinic.

| Name:<br>Address: |        |      |  |
|-------------------|--------|------|--|
| City:             | State: | Zip: |  |
| Email:            |        |      |  |
|                   |        |      |  |

Mail to: Clemson Free Clinic P.O. Box 941 Clemson, SC 29633 Dine with the Docs---Friday, April 21, 2023 6:30 pm @ Clemson United Methodist Church, Clemson, SC Pre-paid Tickets available at door.

|                        | Donation Summary |        |  |
|------------------------|------------------|--------|--|
| Numbe                  | er               | Amount |  |
| Donation for CFC Opera | itions           |        |  |
| DWD Tickets \$35/pp    | X =              |        |  |
| Or                     |                  |        |  |
| 4 DWD Tickets @\$100   | X=               |        |  |
| Total Donation         |                  |        |  |